ICEBREAKER

INCLUSIVITY FOR EVERYONE!

Many people have physical restrictions that cause them to have difficulty using daily items and executing daily tasks. In this activity, participants will have the chance to design a modification that can be made to an item that they use every day for easier usage.

Goal To facilitate the thought process behind innovation and adaptability.

Time Needed 15 minutes

Materials A piece of paper and a writing utensil

Steps

NOTE: Pictures are worth a thousand words.

- 1. Pair up in groups of 2. Partners will work only with each other for the first 10 minutes.
- 2. Participants will analyze their surroundings and identify one object that they use every day.
- 3. Have participants discuss with their partner how they think the object that they picked can be modified for easier use.

- 4. Participants will write out in words or sketch a picture of this modification on their piece of paper.
- 5. After ten minutes, have all participants come back together and give everyone the change to share their design.

To prepare all participants for this activity, <u>this YouTube video</u> can be played before the activity begins, though it's not necessary.

For completing this activity virtually, pair off participants and put them in individual breakout rooms. After ten minutes, close the breakout rooms and begin discussion in the main room.